

## **WEEK 1 MENU**

WEEKS: 21/04, 12/05, 09/06. 30/06, 21/07, 01,09, 22/09, 13/10



HOT MARKET

**MONDAY** 

**TUESDAY** 

WEDNESDAY

**THURSDAY** 

FRIDAY

MAIN MEAL Crispy Chicken Bites served with Sliced Sauté Potatoes, Peas & Sweetcorn Cheese & Ham Panini served with Jacket Potato Wedges, Crunchy Carrot & Cucumber Sticks Spaghetti Bolognaise Garlic & Herb Bread, Mixed Vegetables or Salad Roast Chicken served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy Fish Fingers or Salmon Fish Fingers served with Chips, Garden Peas or Baked Beans & Ketchup

MEAT FREE Crispy Vegetable Bites served with Sliced Sauté Potatoes, Peas & Sweetcorn Cheese & Tomato
Panini served with
Jacket Potato Wedges,
Crunchy Carrot &
Cucumber Sticks

Roasted Vegetable & Lentil Bolognaise served with Wholemeal Garlic & Herb Bread, Mixed Vegetables or Salad

Quorn Fillet served with Roast Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy Vegan Quorn Sausage served with Chips, Garden Peas or Baked Beans & Ketchup

PASTA & JACKETS

Jacket Potato with Choice of Toppings served with Fresh Salad Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread Jacket Potato with Choice of Toppings served with Fresh Salad Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread Jacket Potato with Choice of Toppings served with Fresh Salad

**DESSERTS** 

Choose One of Our Fabulous Desserts Chocolate Crispy Cake Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Apple Cinnamon Muffin Fruit Yogurt & Coulis Fresh Fruit Pot Choose One of Our Fabulous Desserts Peach & Vanilla Sponge Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Vanilla Ice-Cream & Fruit Sauce Fruit Yogurt & Coulis Fresh Fruit Pot

Choose One of Our Fabulous Desserts Chocolate Brownie Fruity Jelly Fresh Fruit Pot



## **WEEK 2 MENU**

WEEKS: 05/05, 02/06, 23/06, 14/07, 15/09,06/10



HOT MARKET

MONDAY

**TUESDAY** 

WEDNESDAY

**THURSDAY** 

**FRIDAY** 

MAIN MEAL Creamy Chicken Korma Served with Wholegrain Rice and Vegetables Beef Burger in a Soft Bun served with Curly Fries & Vegetable Sticks Meat Feast
Wholemeal Pizza
served with
Baked Potato Wedges,
Peas & Sweetcorn

Roast Chicken served with Potatoes, Yorkshire Pudding, Carrots, Broccoli and Gravy Breaded Fish Fingers
Served with Chips,
Garden Peas or
Baked Beans
& Ketchup

MEAT FREE Butternut Squash Korma Served with Wholemeal Rice and Vegetables Quorn Burger in a Soft Bap Served With Curly Fries & Vegetable Sticks Margherita
Wholemeal Pizza
served with
Baked Potato Wedges,
Peas & Sweetcorn

Roast Vegetable & Beans Pie served with Potatoes Carrots and Broccoli Cheese, Onion & Mixed Pepper Roll served with Chips, Garden Peas or Baked Beans & Ketchup

PASTA & JACKETS

Jacket Potato with Choice of Toppings served with Fresh Salad Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread Jacket Potato with Choice of Toppings served with Fresh Salad Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread Jacket Potato with Choice of Toppings served with Fresh Salad

**DESSERTS** 

Choose One of Our Fabulous Desserts Cornflake Tart Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Mixed Berry Muffin Fruit Yogurt & Coulis Fresh Fruit Pot Choose One of Our Fabulous Desserts Fruit Flapjack Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Vanilla Ice-Cream & Fruit Sauce Fruit Yogurt & Coulis Fresh Fruit Pot

Choose One of Our Fabulous Desserts Jaffa Style Sponge Fruity Jelly Fresh Fruit Pot



## **WEEK 3 MENU**

WEEKS: 28/04, 19/05, 16/06, 07/07, 08/09, 29/09, 20/10



HOT MARKET

**MONDAY** 

**TUESDAY** 

WEDNESDAY

**THURSDAY** 

FRIDAY

MAIN MEAL Baked Sausage Roll served with Crispy Cubed Potatoes & Baked Beans or Fresh Salad BBQ Pulled Chicken Wrap served with Savory Wholegrain Vegetable Rice & Salad Beef Bolognese Pasta served with Garlic & Herb Bread and Mixed Vegetables Roast Chicken served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy Breaded Fish Fillet served with Chips, Garden Peas or Baked Beans & Ketchup

MEAT FREE Vegan Sausage Roll served with Crispy Cubed Potatoes & Baked Beans or Fresh Salad Veggie BBQ Wrap served with Savory Wholegrain Vegetable Rice & Salad Vegetable & Lentil Bolognese Pasta served with Garlic & Herb Bread and Seasonal Vegetables

Quorn Fillet served with Roast Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy Vegetable Nuggets served with Chips, Garden Peas or Baked Beans & Ketchup

PASTA & JACKETS

Jacket Potato with Choice of Toppings served with Fresh Salad Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread Jacket Potato with Choice of Toppings served with Fresh Salad Pasta Twists with Cheddar Cheese Sauce with Fresh Salad and Chunky Bread Jacket Potato with Choice of Toppings served with Fresh Salad

**DESSERTS** 

Choose One of Our Fabulous Desserts Sprinkle Cookie & Orange Wedge Fruity Jelly Fresh Fruit Pot

Choose One of Our Fabulous Desserts Sticky Toffee Apple Cake Fruit Yogurt & Coulis Fresh Fruit Pot Choose One of Our Fabulous Desserts Chocolate Sponge Fruity Jelly Fresh Fruit Pot Choose One of Our Fabulous Desserts Vanilla Ice-Cream & Fruit Sauce Fruit Yogurt & Coulis Fresh Fruit Pot

Choose One of Our Fabulous Desserts Lemon Drizzle Cake Fruity Jelly Fresh Fruit Pot